



LIAISE LODDON

Celebrating the positive

An Easy Guide to Safeguarding Adults



We're in it TOGETHER and it works!



LIAISE LODDON
Celebrating the positive

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Introduction

This booklet has been compiled to introduce you to Safeguarding Adults.

Please take time to look at the information and ensure you understand.

- What is Abuse?
- Types of Abuse
- Signs and Indicators of Abuse
- Reporting Abuse

If you are unsure about anything in this booklet please talk to your manager.



Safeguarding Training Process at Liaise Loddon Limited

- The Easy Guide to Safeguarding Adults booklet
- PROACT-SCIPr-UK® induction within 2 weeks of commencing work
- Care Certificate/Induction (within first 12 weeks of employment)
- Safeguarding Adult 5 hour internal course
- In house Team Meetings
- 6-8 weekly Supervisions



Definition of Safeguarding

Safeguarding means ‘protecting an adult’s right to living a life that is free from harm and abuse’.

Safeguarding involves achieving a balance between protecting people and preserving their right to make decisions for themselves.

What is Abuse?

Abuse is ‘A violation of an individual’s human and civil rights by any other person or persons’.

It may consist of a single act or repeated acts.

Abuse can be deliberate or occur through a lack of knowledge of the implications of certain actions.



Key Legislation Underpinning Safeguarding

- Health and Social Care Act 2008
- Care Act 2014
- Safeguarding Vulnerable Groups Act 2006
- Mental Capacity Act 2005
- Deprivation of Liberty Safeguarding 2008
- Hampshire, Isle of Wight, Portsmouth and Southampton Safeguarding Adults multi-Agency Policy, Guidance and Toolkit – Dec 2016



Types of Abuse

- Physical
- Sexual
- Emotional/Psychological
- Financial
- Institutional
- Self-Neglect
- Neglect by others



Examples of Acts of Physical Abuse

- Punching
- Kicking
- Slapping
- Misuse of Medication
- Restraint or inappropriate sanctions
- Force feeding



Signs / Indicators of Physical Abuse

- Unexplained bruises, scratches, bites, marks
- Fear of certain people
- Flinching with certain people
- Disclosure by individual
- Burns, scalds
- Hair loss
- Out of character behaviour – e.g. being withdrawn/aggressive



Examples of Acts of Sexual Abuse

- Rape
- Indecent exposure
- Sexual Harassment
- Inappropriate looking or touching
- Inappropriate use of pornographic materials
- Threatening sexual acts
- Deliberately encouraging sexual arousal



Signs / Indicators of Sexual Abuse

- Disclosure by individual
- Fear in the presence of a certain person
- Bruising/bleeding in intimate areas
- Change of behaviour
- Change in sexual behaviour
- Being obsessed with sex



Examples of Acts of Emotional / Psychological Abuse

- Threats of harm, or abandonment
- Swearing, humiliation, blaming
- Ignoring personal preferences/beliefs
- Verbal abuse
- Deliberately causing anxiety
- Controlling, intimidation
- Isolation or withdrawal from services or supportive networks



Signs / Indicators of Emotional / Psychological Abuse

- Changes in behaviour
- Fear
- Change in sleep pattern
- Nervousness
- Being unhappy
- Being withdrawn
- Insecurity
- Being anxious



Examples of Acts of Financial Abuse

- Theft
- Fraud
- Exploitation
- Using service users' monies to purchase items for yourself
- Borrowing personal possessions
- Possession of service user benefits
- Property or inheritance or financial transactions
- Pressure in connection with wills



Signs / Indicators of Financial Abuse

- Borrowing a service users' belongings
- Service users money being spent without their permission or involvement
- Money being spent but service user has nothing to show for it
- Service users money or personal belongings going missing without explanation
- No receipts for items purchased
- Borrowing money from service users



Examples of Institutional Abuse

- Service Users all having the same bed/bath time
- Wearing each other's clothing
- Restricting family contact
- Everyone doing same activities at the same time



Signs / Indicators of Institutional Abuse

- Set times for service users to get up, go to bed, or bathing
- Submissive behaviour
- Wearing each other's clothing,
- Lack of personal belongings
- Difficult for friends or family to visit or contact the service user
- Rigid set times for meals. Activities which are set for the benefit of the co-workers not the service users



Examples of Acts of Self Neglect

- Ignoring own medical or physical care needs such as washing
- Taking unnecessary risks
- Living in poor conditions
- Refusing to take prescribed medication



Signs / Indicators of Self Neglect

- Refusal to participate in activities
- Lacking in self respect
- Frequent infections that do not clear up
- Unexplained loss or gain in weight
- Refusal to get up
- Poor body odour, dirty uncared for hair and nails



Examples of Acts of Neglect by Others

- Withholding of the necessities of life such as medication, food, heating, clothing
- Not meeting a service users' personal needs
- Failure to provide access to appropriate educational and social care services
- Failure to provide access to appropriate social and leisure services
- Failure to provide access to appropriate health services



Signs / Indicators of Neglect by Others

- Service user not being supported to participate in preferred activities
- Service user wearing clothes that do not fit and are uncared for
- Living in poor living conditions such as an unclean environment
- Overweight/Underweight – malnourished
- Unpleasant body odour
- Uncared for hair and skin



RESPONSIBILITY TO REPORT ABUSE

It is the duty of ALL co-workers to report abuse IMMEDIATELY if they suspect it has occurred

Co-workers or any other person, suspecting abuse against any service user (by a co-worker/parent/advocate/another service user/any other person) must make their allegation known in the first instance to:

The Registered Manager or in his/her absence a member of the Senior Management Team, any Liaise Loddon director, or a member of a professional body.

All contact details are listed below.

If a co-worker suspects a Senior Manager of any form of abuse, or feels that an allegation that they have reported is not being dealt with satisfactorily, he or she should contact the company's Safeguarding Lead:

Cathie Wyatt

Mobile: 07918757996

Home: 01256 358254



The initial allegation of abuse must be reported by telephone to Hampshire Adult Service within 4 hours (telephone for office and out of hours are listed below). Following this CQC, the local safeguarding team and other professional bodies depending on whom it involves must be informed within 24 hours by completing the relevant statutory notification, please see OPS-126 for the process for completing a Statutory Notification.

Professional Bodies

Care Quality Commission	03000 616161
Police	101 or (999 if someone is at immediate risk)
Hampshire Adults Services, office hours	0300 555 1386
Hampshire Adults Services, out of hours	0300 555 1373

**PLEASE SEE YELLOW NOTICE IN
ALL HOMES ON THE DISPLAY BOARDS**



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LIAISE LODDON – PURPOSE

VALUES

Positive

This means that we:

Engage with and manage co-workers positively

Respect everyone's contributions

Focus on the positive in those we support

Empowering

This means that we:

Create a positive learning culture

Enable people to take responsibility

Give people opportunities for personal growth

Open

This means that we:

Ensure all our communications are easily understood

Embrace our duty of candour

Have clear, shared goals

VISION

Positive and sustainable services for people with complex needs.

MISSION

To be the first choice company for individuals with complex needs and autism within the Central Southern Counties by providing individualised community-based residential services with skilled, motivated co-workers underpinned by the PROACT-SCIPr-UK® approach.

